

# IMTRAV: Spiritual India 10 Days

Code: GISP

Desde: 890 USD por persona



## Itinerary

### Day 1 - Delhi

Today is an arrival day and no activities are planned, so you may arrive at any time. If you are arriving early, please check the noticeboard in the foyer of the hotel for suggestions of things to see and do in Delhi. A pre-departure meeting takes place this evening at the hotel. Please also check the noticeboard for details of this meeting and for any other messages from your tour leader. Please also bring your passport and travel insurance documents to the meeting. Afterwards we have the opportunity to go out for an optional group dinner.

### Day 2-4 - Rishikesh

An early start sees us board the train north to the pretty town of Haridwar. The mighty Ganges river flows swiftly through this town, bearing glacial water down through the country. We'll see a very different version of the river far downstream in Varanasi. Haridwar is a holy Hindu city, and there is time to check out the town, watch pilgrims pray along the banks of the river, or just relax, while we are in this vicinity. We take a short drive to Rishikesh, our base for the next three nights. Rishikesh is regarded as the 'yoga capital of the world' and ashrams are clustered in the hills. The scenery is beautiful and conducive to relaxation and meditation. We enjoy a yoga session of an hour or so each morning and the rest of the day is free. Stroll around the town and chat to Sadhus (holy men), enjoy an optional rafting trip, head back into Haridwar for further exploration, or take a

walk through the hills to waterfalls. There's plenty to do. Of course chilling out is always a good option.

### **Day 5 - Haridwar - overnight train**

After a final yoga session, there's time to say farewell to our peaceful base before we head back to Haridwar to catch an overnight train to Varanasi arriving in the afternoon of day 6.

### **Day 6-8 - Varanasi - overnight train**

Regarded as the spiritual heart of India, Varanasi is the city of Shiva built on the banks of the sacred Ganges River. Thousands of pilgrims flock to the great ghats to bathe in the holy waters - a ritual that is believed to wash away all sins. The city claims to be one of the oldest in the world and it's a magical place where we are able to witness the rituals of life and death on the ghats, on an early morning boat ride. Our tour leader also takes us for a walk through the back lanes and crowded alleyways of this timeless city. After our time in Varanasi we board another overnight sleeper train and head back westward to Delhi.

### **Day 9 - Delhi**

We arrive back in Delhi at dawn and the rest of the day is free to do your own thing. Delhi has many interesting museums and monuments. If you are interested in historical and cultural matters, it is recommended that you to extend your stay and visit some of these places. Humayun's Tomb and Safdarjang's Tomb are other great examples of Mughal architecture and design. Hauz Khas Village is a great place to escape the hustle and bustle of downtown - a chic artistic enclave set right next to the remnants of a historical site. In the final evening we have the opportunity to head out for a final group dinner (optional) before saying our goodbyes.

### **Day 10 - Delhi**

Our trip ends today around breakfast time. If you wish to stay on in Delhi, please pre-book your post-tour accommodation before you commence your travels.

### **Included**

Experienced regional tour leader and all transportation and accommodation as indicated in detailed Trip Notes. The following sightseeing trips are included: 3 yoga sessions; Haridwar - witness Ganga Aarti ritual, Varanasi - one morning boat ride on the Ganges.

### **Not included**

International flights, arrival and departure transfers, airport/departure taxes, visas, pre or post tour accommodation, meals, optional tours, yoga sessions, sightseeing or activities during free time, transfers outside of the tour program, travel insurance, tips and items of a personal nature, laundry and flights unless specified. Some places that we visit charge additional fees if you are entering with a camera or camcorder - your city guide will advise on these and they can be paid for locally.

